

*If you are *urgent* in need of assistance, the **24 hour Crisis Line** is **204-786-8686**

Other Meetings

This is current as of December 2017

At SRWC we believe that each individual finds their own path to recovery. For some, that means participating in their SRWC program only. For others, their path includes both SRWC as well as 12-step programs like AA, NA, CA, or self-empowering groups such as SOS, SMART Recovery, etc. Although SRWC's teachings are different from each of those groups/programs in various ways, we are often compatible with them.

Whether you are choosing to attend other meetings alongside your usual SRWC program sessions, or if you are looking for additional meetings to keep you connected with the recovery community when you are feeling at-risk, it is very helpful to know what other options you have in the Winnipeg area.

12-step groups (based on the AA model)

- **AA** in Manitoba <http://www.aamanitoba.org/>
 - AA Meetings <http://www.aamanitoba.org/meetings.html>
 - AA online: <http://aa-intergroup.org>
- **NA** Manitoba (Manitoba Area of Narcotics Anonymous) <http://www.mascna.org/home.php>
 - NA Meetings <http://www.mascna.org/meetingsList.php>
 - NA online: <http://www.na.org/meetingsearch/>
- **CA** Cocaine Anonymous in Manitoba <http://camanitoba.org/>
 - CA Meetings <http://camanitoba.org/meetings/>
 - CA online <http://www.ca-online.org/meetings/>
- **CMA** Crystal Meth Anonymous <https://crystalmeth.org/>
 - CMA Meetings : <https://crystalmeth.org/component/sobipro/4028-manitoba.html?Itemid=0>

Non-12-step-based groups

(There are [many options to 12-step programs](#), but we have not included them if they don't currently offer physical meetings in Winnipeg.)

- **SMART Recovery** (Self-Management And Recovery Training) <http://www.smartrecovery.org/>
 - SMART meetings: <https://www.smartrecovery.org/local/>
 - Online meetings: <https://www.smartrecovery.org/community/calendar.php>
- **SOS** (Secular Organizations for Sobriety) <https://www.winnipegsos.com/>
 - SOS Meetings: <https://www.winnipegsos.com/services>
- **Refuge Recovery** (Buddhist) <http://www.refugerecovery.org/>
 - RR Meetings <http://www.refugerecovery.org/meetings-in/international-meetings/>