

SRWC is a not-for-profit, charitable organization serving the needs of individuals and families affected by addiction.

Our two **unique evening programs** offer:

Ongoing intake so you can start whenever you are ready following an intake assessment, subject to space in the group

Safe and supportive counselling in group and individual sessions

Group sessions twice a week in the early evening

Small, co-ed groups for individuals over 18

You can join without taking time away from work or studies

Programs may have an administrative and/or program fee and may require fee-for-service. Any fee-for-service is on a sliding scale to meet individual needs.

Call us today to make an intake appointment

204-956-6650

Our Mission

To provide a welcoming non-judgemental recovery-oriented community where individuals, family, and friends affected by addictions are accompanied on their journey towards recovery in body, mind and spirit.

SRWC
St. Raphael Wellness Centre

Providing pathways to a life of recovery

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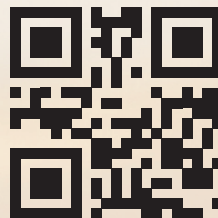
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Charitable Registration Number
8999 11531 RR0001

SRWC
St. Raphael Wellness Centre

Evening Recovery Programs

If you want to

Explore Options

and gain the knowledge and motivation to make healthy decisions about substance use

Work Sober

and continue to manage your recovery while tackling issues relevant to living and working without drugs and alcohol



we can help



Evening Recovery Programs

Working Options

Control of decisions that benefit recovery.

Understanding the choices you can make, and being motivated to make them, is a vital part of your success. We can help you explore your options in recovery and build a successful plan to change.

After gaining some experience with staying sober, participants may transition into the Work Sober recovery maintenance group.

Work Sober

Gain the skills and knowledge to continue managing your recovery at work, at home and in the community.

Receive ongoing, work-related recovery support for those who already have some experience staying sober.

Address issues relevant to you, including job triggers, financial triggers, workplace safety, health and safety, dealing effectively with co-workers/peers, bosses and subordinates.

How to Join

Our participant-focused intake process makes sure you get the right support and feel comfortable, positive and in control.

Our Intake Counsellor will work with you to determine which program is right for you, and in most cases can get you connected to a program quickly. Call us today to make an intake appointment.

"[With SRWC] I have the possibility of being a better person and husband, and continued personal growth." - Kelly K.

Referrals

Do you know someone who is trying to get sober while working or studying? Is your employee, client or friend returning to work after seeking treatment for drug or alcohol addiction?

Our Evening Recovery Groups can support them. Call us today to find out how you can help connect them with our services.

"Our group discussions were always purposeful, encouraging and enlightening" - Kevin Y.

Other Ways We Can Help

If the Evening Programs aren't for you, we would be pleased to assist you in finding a program that's right for you.

- Our range of **day programs** provide pre and post-treatment support in a welcoming environment.
- If you're affected by someone's addiction, our **Family Program** provides the understanding and skills you need to cope.
- If anger is a problem in your life, our **TAPP (Turning Anger into Personal Power)** program gives you the skills and knowledge you need to manage it and get the positive outcomes you want.

