

Today is: _____

<p>☺ Daily Gratitude</p> <p>10 things I am grateful for:</p> <ol style="list-style-type: none"> 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 	<p>☺ What I'm Learning from my Challenges</p> <p>3 obstacles and what I am learning from them:</p> <ol style="list-style-type: none"> 1. <p>What I'm learning:</p> <ol style="list-style-type: none"> 2. <p>What I'm learning:</p> <ol style="list-style-type: none"> 3. <p>What I'm learning:</p>
<p>☺ People I am Grateful For</p> <p>5 people who made my life a little happier today. This could be friends, family or strangers:</p> <ol style="list-style-type: none"> 1. 2. 3. 4. 5. 	<p>☺ The BEST Part of My Day</p> <p>1 moment in my day that made me happy:</p> <p style="text-align: right; font-size: small;">Spend 5 minutes re-enjoying this moment.</p>